

ACH FIT Foundational Reading

Last updated 11/6/2018

*Required Reading (By the time you apply to graduate)

Compiled by Renee Bergstrom, FIT Committee 9/25/18

Core Domain	Recommended By	Book or Article References and Educational Materials
Workshop Development	Craig Roth	* <i>A Workbook on Designing Successful Workshops</i> by Yvonne Steinert, Ph.D. & Marie-Noel Ouellet, B.A., Faculty Development Office, Faculty of Medicine, McGill University
	Maysel Kemp White	* <i>Writing Smart Learning Objectives</i> , Maysel Kemp White, PhD, MFT, FACH
	Maysel Kemp White	* <i>Sample format for Experiential Exercises</i> , Maysel Kemp White, PhD, MFT, FACH
Facilitation	Julie Crosson	* <i>Facilitation at a Glance, by Ingrid Bens</i> - provides structure of facilitating groups
	Jenni Levy and Calvin Chou	* <i>The Skilled Facilitator</i> by Roger Schwarz available on Amazon.
	Jenni Levy	* <i>The Art of Facilitation</i> by Dale Hunter available on Amazon.
	Maysel Kemp White and Julie Crosson	* <i>Listening Well by William Miller</i> (short)
Personal Awareness	Ryan Laponis	* <i>The Courage to Teach</i> by Parker Palmer available on Amazon. * <i>Leading Change in Healthcare</i> edited by Anthony Suchman, David Shyter and Penelope Williamson available on Amazon.
	Carol Chou and Marla Rowe Gorosh	* <i>On Becoming A Person</i> by Carl Rogers available on Amazon.
Coaching	Maysel Kemp White	* <i>Key Curriculum Design Elements (appreciative coaching)</i> , Maysel Kemp White, PhD, MFT, FACH
	Sally Fortner	* <i>Establishing a Safe Container for Learning in Simulation: The Role of the Presimulation Briefing</i> by Jenny Rudolph, Daniel Raemer, and Robert Simon

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Additional Suggested Reading (Optional)

Topic	Recommended By	Book or Article References and Educational Materials
Communication	UCSF Book Club	<p><i>Communication Rx: Transforming Healthcare Through Relationship-Centered Communication</i> by Calvin L. Chou and Laura Cooley</p> <p><i>Humble Inquiry: The Gentle Art of Asking Instead of Telling</i> by Edgar H. Schein</p> <p><i>How to Talk so Kids will Listen and Listen so Kids will Talk</i> by Adele Faber and Elaine Mazlish</p> <p><i>In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope</i> by Rana Awdish</p>
Diversity	Existing FIT List	<i>The Spirit Catches You and You Fall Down: a Hmong child, her American doctors, and the collision of two cultures</i> by Farrar, Straus and Giroux
	Denise Davis, Renee Bergstrom	<i>Post-Traumatic Slave Syndrome: Americas's Legacy of Enduring Injury and Healing</i> by Dr. Joy DeGruy
Conflict Management	UCSF Communication Book Club	<p><i>Nonviolent Communication: A Language of Life</i> (3rd Edition) by Marshall B. Rosenberg</p> <p><i>Crucial Conversations: Tools for Talking When Stakes are High</i> by Al Switzler, Joseph Grenny, and Ron McMillan</p>
Teamwork	Renee Bergstrom	<i>Organizing Genius: the Secrets of Creative Collaboration</i> by Warren G. Bennis, Patricia Ward Biederman
Leadership	Catherine Glynn, coach	<i>Leadership Presence</i> by Belle Halpren and Kathy Lubar
Exposing industrial healthcare	Renee Bergstrom	<i>Why We Revolt: A patient revolution for careful and kind care</i> by Victor Montori, MD